

2017 Lost Dutchman Events – Some Important Final Reminders

SAFETY FIRST! YOU WILL BE DRIVING ON NARROW RURAL STREETS. LIGHTING IS NOT GOOD. PLEASE HEED SPEED LIMITS, STOP SIGNS & WATCH FOR PEDESTRIANS.

Plan to Arrive Early on Race Morning You must start within 20 minutes of the gun!

Packet pick up will be held at the following times and locations:

Day	Date	Location	City	Time
Thursday	February 16	Road Runner Sports, 43 S. McClintock	Tempe	3 PM to 7 PM
Friday	February 17	Road Runner Sports, 43 S. McClintock	Tempe	12 PM TO 7 PM
Saturday	February 18	Health and Fitness Expo, 1035 N. Idaho Rd	Apache Junction	8 AM to 5 PM
* Sunday	February 19	Prospector Park, 3015 N. Idaho Rd	Apache Junction	Beginning at 5:45 AM

* **There is no day of race packet pick up for the full marathon.** Marathon runners MUST pick up race packets at Road Runner Sports on Thursday, Friday or at the Expo on Saturday.

NOTE: Half Marathon, 10K, 8K, 2 milers: please try to pick up race packets at Road Runner Sports or the Fitness Expo instead of Prospector Park on race morning! This will help alleviate long lines!

Please arrive early

Race Start Times:

Event	Starting Time
Marathon – see marathon bus schedule below	7:00 AM
Half Marathon	7:15 AM
8K Trail Run	7:45 AM
10K	8:00 AM
2 Mile Fun Run / Walk	9:00 AM

All races start on time. Start time temperatures should be in the 40's.

Bus Schedule for 26.2 Mile MARATHONERS ONLY on Race Morning:

First bus departs Rodeo Grounds to marathon start *	4:30 AM
Last bus departs Rodeo Grounds to marathon start	5:45 AM
First bus departs Peralta Trails Elementary School to marathon start *	5:20 AM
Last bus departs Peralta Trails Elementary School to marathon start	6:05 AM

* **Please don't try to wait for the last bus. There are fires, goodies, water, mats, and plenty of restrooms at the start area. **There is no return shuttle to the Peralta Trails Elementary School.****

Shuttle Bus Schedule from Rodeo Grounds to Prospector Park on Race Morning

First shuttle bus departs Rodeo Grounds to Prospector Park	5:00 AM
Subsequent shuttle bus runs between Rodeo Grounds and Prospector Park	Continuous All Day Long
Last shuttle bus departs Prospector Park to Rodeo Grounds	2:00 PM

Additional Information for all Race Participants

Chip Timing: The 2017 Lost Dutchman Races will be chip timed! **Your chip is a part of your bib, do not fold your bib, and do not remove the chip.** Your number bib must be worn on the front and be visible at all times during the race. **DO NOT trade, give, or sell your bib to another runner. Running with someone else's bib will spoil results.**

Health and Fitness Expo: The expo will be held at the Apache Junction Multigenerational Center - 1035 N Idaho Rd in Apache Junction, AZ on Saturday, February 18th. Time: 8 AM to 5 PM. We are expecting new and returning vendors and race sponsors to be in attendance at the Expo. This is your chance to meet other runners and race organizers, view maps and discuss the race courses, pick up your race t-shirt, and bib number (with timing chip).

Driving Directions to the Health and Fitness Expo at the Apache Junction Multigenerational Center:

Traveling east on U.S. 60 (Superstition Freeway) from Phoenix, turn north on Idaho Rd and proceed approximately 2.4 miles to Superstition Blvd. The Multigenerational Center is the largest building on the northwest corner at the intersection.

Traveling east on SR 202 (Red Mountain Freeway) from Mesa/Scottsdale, exit on University, and turn left. Proceed east to Idaho Rd. and turn left. The Multigenerational Center is about 500 feet on your right.

Traveling east on SR 202 (San Tan Freeway) from Tucson/Casa Grande/Chandler, exit on University, and turn right. Proceed east to Idaho Rd. and turn left. The Multigenerational Center is about 500 feet on your right.

Specific Instructions for Participants on Race Morning

26.2 Mile Marathon

1. Your vehicle parking on race morning is at the Rodeo Grounds, located at 1590 E. Lost Dutchman Blvd. In A.J.
2. You will be bused to the start area at Peralta Trailhead. See schedule on page 1
3. The marathon start area is NOT at Prospector Park or the Rodeo Grounds.
4. Private vehicles are not allowed at the starting line: All marathoners must utilize bus transportation provided.

Directions to Rodeo Grounds: Driving East on Hwy. 60 (Superstition Freeway) from Phoenix, exit at **Tomahawk Road**, turn left and proceed north for approximately 3.5 miles. Tomahawk Road dead-ends at the Rodeo Grounds. Parking attendants will guide you. There **WILL** be shuttles back and forth between the Rodeo Grounds and Prospector Park all day. **More detailed driving directions are on the website.**

Directions to Peralta Elementary School (For Marathon Runners only): Take US 60 east and continue past Gold Canyon. Proceed approximately 1.5 miles past Kings Ranch Road. Turn LEFT (north) on to **Peralta Road** and continue approximately 1 mile to Peralta Elementary School (on your right). **There are NO shuttles** back to Peralta School from the marathon finish in Prospector Park! **Have someone drop you off; do not leave your car.**

Full Marathon Start Line: At the start area at Don's Camp we'll provide Hot Coffee, Chocolate, Tea, homemade breakfast breads, and of course water. We provide ground mats for you to stretch or just sit by the mesquite warming-fires. Come out early and spend some time relaxing with fellow-runners and enjoy the sunrise over the awesome Sonoran Desert. Plenty of Port-a-Jons will be available. There will also be a "warming" bus in case of unusually cold weather. The last bus will remain at the start area to transport your drop bags to the finish line in Prospector Park. Your Goodie bag is your drop bag, be sure it is marked with your bib number. It will be available for pick up on the basketball courts near the awards ceremony after you finish.

Aid Stations: There are 16 aid stations along the marathon course starting at mile 2, then every two miles thereafter up to mile 20, at which point they are every mile. Water is at every aid station. Gatorade (lemon lime) will be available at every other aid station starting at marathon mile 4. GU Gel will be at miles 10 and 19 on the marathon course only. Bananas will be at 2 aid stations. There are Port-a-Jons close to every aid station. Aid stations are staffed by our **tremendous volunteers** without whom our event could not happen. Please thank them along the way.

Runner Tracking – Check out the website to sign up for runner tracking. Full and Half Marathon only. Be sure to cross all timing mats along the course whether you are signed up for tracking or not. Not crossing all mats will cause you to be disqualified.

Half Marathon / 10K / 8K / 2 Mile Run or Walk

Parking: Your races begin and end at Prospector Park in Apache Junction. We recommend using the **Tomahawk** access and take the shuttle as described in the "Marathon section above, **or** you may park at Prospector Park if you arrive VERY early – this space fills up fast. Driving east from Phoenix on US 60, exit at **Ironwood**. Turn left and proceed north on **Ironwood** approximately 4.5 miles, then turn right on to **McKellips Road**. Proceed one mile and turn right on to **Idaho**. Proceed approximately 1/2 mile to parking lot. If the parking lots are full you may park anywhere along Idaho north of the south access to the park. **Do Not attempt to reach Prospector Park or the Rodeo Grounds by traveling north from U.S. 60 on IDAHO ROAD (your access will be blocked by police and you may experience long delays!) More detailed driving directions are on the website.**

Aid Stations:

For the **10K and Half Marathon** courses there are aid stations every mile with water at every aid station and Gatorade Sports Drink (Lemon Lime) at every other aid station. There are a port-a-jons near every aid station.

For the **8K Trail Race** there is one aid station that all runners will pass twice. It will provide water only.

Drop Bags – Half Marathon/10K/8K/2 Mile: **Your goodie bag is your race drop bag** — If you want to leave clothing at the park while you run there will be a drop area at the basketball courts. Be sure to mark your race number on the bag prior to drop off at start area. Do not leave valuables. Your races start and finish in Prospector Park.

Directions for Spectators: Spectators may park either at the Rodeo Grounds and take the shuttle to the park, or Park on Idaho Rd north of Prospector Park. Follow driving directions above.

Arrive Early to the Start: We do not delay race starts for late-arriving runners! All races will start on time! **Any runner crossing the starting mats more than 10 minutes after the gun will not be timed.**

2 Mile Walk or Run

Your race will start and finish at the grassy field north of the vendor area. This will allow 2 milers to have their own area free from runners in the other events. Look for the Muscle Milk start banner and begin assembling by 8:45 AM.

Important Notice: For security we will allow only **clear plastic bags** on the buses and in the drop-bag area. Please use the clear plastic “goodie bag” we provide at packet pick-up as your drop bag. Anyone attempting to board the marathon bus with another type of bag will be asked to return the bag to their car and use the clear plastic bag. There will be spare bags at the bus loading in case yours is not available.

Additional Information: The best source for answers is our website:

www.lostdutchmanmarathon.org

For **frequent updates** also check our Facebook page:

<https://www.facebook.com/pages/The-Lost-Dutchman-Marathon/29637590377?ref=hl>

New for 2017: For all races, you must cross the timing mat to start within 20 minutes of the gun or you will not receive a result and will not be eligible for an award.